



**Come join us for the Arcata Out of the  
Darkness Community Walk @ the Arcata City  
Plaza on September 9th.  
Registration starts at 9:00 am.**



**Join our UIHS team and receive a free  
Ko'l Ho Koom' Mo Youth Suicide Prevention  
t-shirt. Register today @ [afsp.org/arcata](http://afsp.org/arcata)**

