

Suicide Prevention Month 2018

Event	Date and Time	Location
Board of Supervisors Presentation: Suicide in Humboldt County DHHS Epidemiologist and the Suicide Prevention Network (SPN) present on local data and prevention strategies.	Tuesday, Aug. 28 9 a.m.	Board of Supervisors Chambers, Humboldt County Courthouse, 825 Fifth Street, Eureka
Arts Alive! "One Community Event" Collaborative event focused on overcoming stigma in Humboldt. Featuring art, interactive displays and information from local agencies	Saturday, Sept. 1 6 to 9 p.m.	Old Town Eureka Gazebo area, F Street and Humboldt Herbals Classroom, 300 Second St., Eureka
"Out of the Darkness" Walk Join the fourth community walk to end suicide. Walk to support local survivors, and learn more from local agencies.	Sunday, Sept. 9 9 a.m. to noon	Arcata Plaza, Arcata afsp.org/arcata
Suicide Awareness & Information Night Learn how to prevent suicide: know the signs, ask the question, and promote help-seeking. Dinner provided.	Tuesday, Sept. 25 5 to 8 p.m.	344 Humboldt Ave., Redway Contact Amy Terrones at 707-923-1147.
Grief Support Group for Teens Eight week series for teens (ages 12-18) to participate in activities focused on healing and honoring loved ones lost. Refreshments provided.	First meeting: Tuesday, Sept. 25 4 to 5:15 p.m. 8-week group	Hospice of Humboldt, 3327 Timber Fall Court, Eureka Call 707-267-9801 to register.
Question-Persuade-Refer (QPR) Open House Be a part of suicide prevention in Humboldt. Attend this Information Day to learn more about becoming a QPR Instructor.	Thursday, Sept. 27 9 a.m. to 4 p.m.	Humboldt Area Foundation 363 Indianola Road, Bayside qpropenhouse.eventbrite.com

