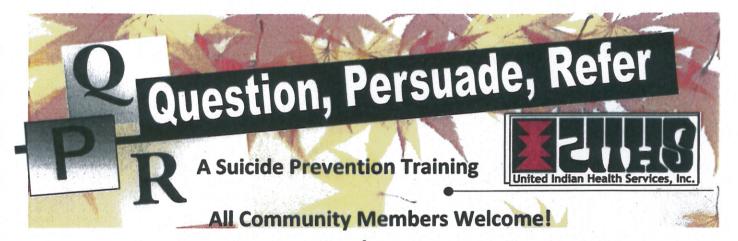
Dinner will be served



Question: There are several ways to ask if one is suicidal. You can begin by acknowledging the person's distress.

Persuade: Persuading someone not to end his or her life and to get help begins with the simple act of listening. Listening can be life saving. Listen first, then persuade.



Refer: The best referral is when you personally take the person you are worried about to a mental health provider or other appropriate professional.

When: Thursday

November 8th, 2018

5:30 - 7:30 pm

Where:

Yurok Tribal Office, Weitchpec, CA 95546

Prevention Project. For more information contact Eric Ruiz at eric.ruiz@crihb.org in Community Health & Wellness at (707) 825-5070 ex.4148.

Dlease RSVP Celinda Gonzales @ 530-625-4130 Ext. 1610